

# Pick Litter in Your Local Area

Firstly, find out if there are any organised litter picks in your area. Quite often, local organisations organise beach cleans or woodland litter picks. To do your own litter pick you will need:

binbags



rubber gloves



wellies or strong boots/shoes



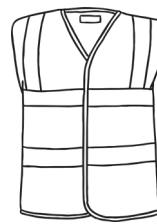
a litter picker



wet wipes



a hi-vis jacket



some helpers



## Dos and don'ts:

Do:	Don't:
ask permission from an adult and make sure they know where you are – they may even need to come with you;	touch broken glass, needles or anything that looks dangerous, sharp or too dirty;
make sure you are litter picking in a public area;	put your fingers near your face, eyes or mouth during the litter pick;
wash your hands and clothes after the litter pick;	pick litter where there are dangers like a busy road, a river, trains, slippery surfaces or steep rocks;
tell an adult if you find anything dangerous or suspicious;	damage the plants and wildlife around the area;
stand back and admire your work at the end;	work for longer than two-hour shifts;
plan where you will put the rubbish.	try to move anything too heavy.

Now you are ready to make an area litter-free!

Why not take before and after photos so you can see the difference you make.